

A Gift for my Family



#### Introduction

Everyone has a story worth sharing.

Sometimes we don't realise that those closest to us weren't always aware of how precious our moments have been to us.

This booklet has been designed to try and bring your most cherished memories to the surface.

Use it to preserve your memories and wishes, to stay connected to your loved ones, and to discover new things that your family never knew about your history.

# Baby Me

I was	born on
-	
-	
The p	place I was born is
_	
The d	lay and time I was born on
I weig	ghed

# My Family

Мур	arents' names were
Му р	arents' bithdays were



My parents'	were born i	in		
My brothers ———	and sisters	were calle	ed	
My favourite	e Uncle/Aun	ty/Family f	riend was	
				7

		Alle
grandpare	ents were born in	
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## Family Memories

My most precious memories of growing up

with my brothers/sisters/friends are
Our favourite way to celebrate Christmas was

The first thing I ever watched on television was	•
When I was a teenager, at the weekends I used to	O
When I went to my grandparents' house, I loved to	O

## School Memories

My first school was	
My high school was	
My favourite teacher was	

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liked t	o play th	e follow	ring spo	orts at sc	hool
l liked t	o play th	e follow	ring spo	orts at sc	chool
l liked t	o play th	e follow	ring spo	orts at sc	chool

The other activites I enjoyed at school were
I used to travel to school by
The reports I used to get from school were

### Milestones

My first car was
I was taught to drive by
I left home when I was and went to live

Constant of the second

The best hair style I ever had was
The best outfit I ever had was
N. C
My first love was



# The biggest adventure I had was...

Other thoughts and notes for my family	

Often, people say they 'Don't want a fuss' or 'Put me in a cardboard box', but what about the people who are left behind?

What do they need? What do they want?

Grief is a difficult thing and a funeral, in whatever format it comes, is a huge part of the grieving process for family and friends. It is an event where people come together to remember, share stories, cry, laugh and get human to human contact in their grief. In short, a funeral is important both to commit your body and soul to the elements, and for the people you leave behind to say why you mattered and to remember you out loud.

Sure, there are all the official and technical things that need to be sorted but what else?

Doves? Bright colours? Bagpipes?

Flowers from your back garden?

(Almost) anything is possible.



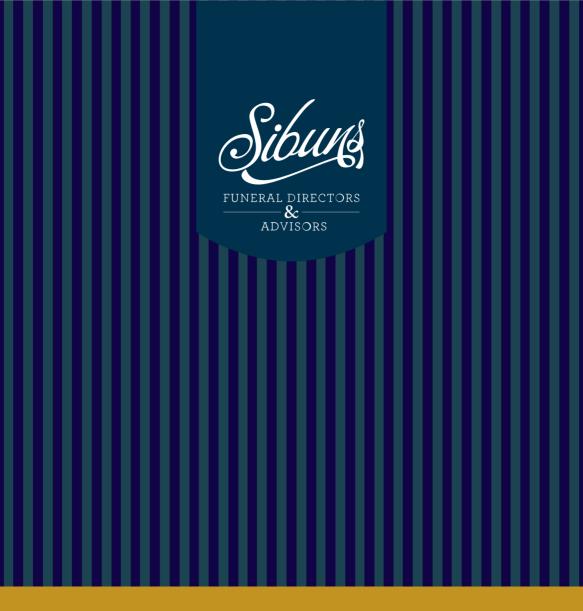
My Last
Wishes

My will is located	
My preference is for a funeral at	
I'd like to be (Cremated, Buried).	

This is the music I'd like played at my service
I'd like these flowers if they are in season

These are the readings I'd like	

These are the other things I'd like to happen



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